

CIRCULAR LETTER

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 OFFICE OF THE QUARTERLY REVIEW,
 Corner of Pennsylvania Ave. and 17th Street,
 Washington, September 1, 1892.
 H. M. McCARTY, Esq.:—Sir:—On

is proposed to commence at Washington the publication of a political and literary magazine, to be styled the National Democratic Quarterly Review.

This work is designed as an exponent of the school of statesmen founded by Thomas Jefferson, and carried out by his Democratic successors in the Presidential office.

The policy of the present and all future Democratic Administrations of the Nation

L. Government will be fully explained in the pages of the "Review," and its purposes, in all that concerns the vital interests of the Democratic party forthshadowed, with a view to perpetuate our political institutions and promote the true interests of the whole Union.

The "Quarterly" is intended to supply a vacuum in the present field of political journalism. No more eulogium, nor denunciation of a man, will be permitted in the pages of this magazine. It will be an earnest advocate of the defender of principles believed to be sound.

It is believed that the necessity for such a "Review" as is now proposed will secure for it a circulation commensurate with its importance and usefulness.

The sole object of this periodical being to disseminate sound political truths, with a view to promote future Democratic tri-

Accompanying this circular letter is a paper arranged for procuring subscriptions to which you will please have as many names attached as may be in your power and forwarded to the editor, in the city

A finely executed likeness, engraved upon steel, of his Excellency James Buchanan, President of the United States, will embellish the title page of the first number of the "Review."

Address all letters relating to business or subscriptions to
HON. THOS. B. FLORENCE, Editor,
Washington City, D. C.

RAISE FRUIT AND EAT IT.—This is a fruit country. Nearly all farmers raise their own fruit. Strawberries, rasp-

berries, currants and gooseberries grow or will grow almost everywhere. They can be canned and so preserved the whole year. Apples, pears, peaches, cherries can be raised on most of farms. There is no good reason why fruit should not be as plentiful as corn or wheat.

This is a bilious country—that is, the people who live here are especially liable to bilious diseases. There is perhaps no other preventive of bilious diseases than the constant use of fruit as a part of the diet. It corrodes the acids and juices of the stomach and assists digestion. I

Keep the bowels properly active, prevent that sluggishness and torpidity, which produces bilious derangements. Fruit to be used in the diet, should be cooked and eaten as a part of the regular meal. Thus used, how delicious is it! How it adds to the pleasure of a meal to have it eaten with a rich, delicate and agreeable accompaniment.

with so delicate and agreeable an article as fruit? And how chaste and elevating is the tendency of such a diet, compared with one of solid meat and bread? So it is. The best diet is really the pleasiest. Therefore let fruit grow on all farms, and adorn and make pleasant all our tables.

AWFUL DEATH.—A WOMAN INSTANTLY TORN TO PIECES.—This morning Mrs. Schnabel, a young French creole, whose husband is engineer in Merrill's Drug Mill, on St. Charles street, between Fifth and Sixth, went to that place as usual about nine o'clock, to carry him his break-

fast. While Mr. Schnabel was eating, his wife stood near the machinery, conversing with him. There is a large upright shaft a few inches from the principle wheel that carries the machinery. Mr. S. was standing near this, and bent over to pick up her husband's pipe. Her dress

caught in the cogs of the wheel, and she was drawn in between it and the shaft. Her legs, arms, and backbone were instantly crushed to atoms. The effect of the shock was so great as to break the machinery in several places. Her husband in vain tried to rescue her, and when it

Mrs. Schnabel was an intelligent, industrious woman, and much devoted to her husband and child, whose home is thus left sad and desolate.

Missouri.—Missouri is destined to become one of the first States in the Union. She is also rich—immensely so, in her mineral wealth. Producing almost every

variety of plants known to the vegetable world, possessing a soil that cannot be surpassed in fertility, enjoying every variety of climate, but happily in a greater position of health and vigour than any other being of that genus and healthy in duration between tropic suns and polar snows, and traversed throughout the length and

breadth of its interior by navigable rivers of immense length and magnitude, her crops seldom fail—and at present we have never had more bounteous ones. Emigration is rapidly making Missouri what she is ordained to be, the *great State* west of the Mississippi.

Why is love like a canal boat? **B**
Because it is an internal transport.